

Update from Rabbi A M Sufrin MBE, Executive Director Chabad Lubavitch NE London & Essex re Coronavirus disease (COVID-19)

Dear Friends

Whilst we are all still affected in many different ways by this horrific pandemic, as a society we are attempting to grasp at some normality in our lives. The doors of our Chabad House are starting to open again – cautiously, carefully but starting to open nonetheless.

We have been running Friday night and Shabbat morning services at Chabad Gants Hill for a number of weeks now – very successfully TG – adhering to very strict social distancing guidelines and with safety as our number one priority. We are very limited to how many people can attend but please email: admin@chabadilford.co.uk if you are interested in coming along and we will provide you with full details.

We are now looking forward to celebrating the High Holy Days the logistics of which, in these unprecedented times, will bring new challenges. However, we are dedicated to offering our community every possible opportunity to fulfil the mitzvot of these very special Days and to experience the joy and fulfilment within the boundaries that we have been set. Please see our website for full details.

Since lockdown began, thanks to the wonders of Zoom, Mrs Sufrin and I have been able to run Shiurim, conduct lessons, Lunch & Learn sessions and so much more. We have been able to offer assistance to those who have needed help in varying ways – shopping, staying in touch by phone, providing meals and food to those who would otherwise go without – so many different ways. We have been blessed to have an amazing group of volunteers who have given their time and energy to help us and we are incredibly grateful to them.

We continue to pray to Hashem to have mercy on us all and bring a speedy recovery to all those affected by this virus and protect us all from any further harm and anguish.

Stay safe and well.



Rabbi A M Sufrin MBE
Executive Director, Chabad Lubavitch NE Londn & Essex